

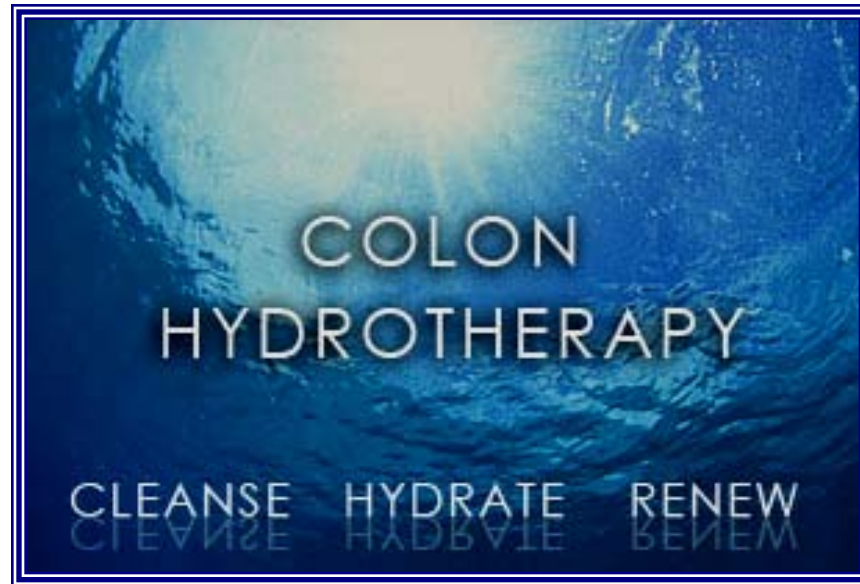


GPACT.org
Global Professional Association
for Colon Therapy

The highest professional standards in
Colon Hydrotherapy globally.



COLON THERAPY OVERSEAS & IN SOUTH AFRICA



**THE INSTITUTE OF
PROFESSIONAL
COLON HYDROTHERAPY**

Presented By
JANE BOYLE
For AFHCT – SA, First Conference, JUNE 2011

COLON CARE KLOOF KZN



- Jane Boyle is Aqua-Clinic trainer in South Africa. Her **Colon Care Clinic** is based in Vivencia Naturopathic Health Centre in Durban, and is prime example of using colon hydrotherapy as part of modern integrative medicine, an approach that we strongly advocate in our teaching.
- Please note that the **training fees structure** for the African continent is different due to a difference in living standards and the earning potential, however the training programme and the curriculum are exactly the same.
- In her training, Jane advocates consistency and a highly individualised approach to each client. Her training also takes into account the specificity of bowel management in the climate and conditions of the African continent.

VIVENCIA

A WELLNESS CENTRE IN KLOOF

Therapies Include:

- Integrative medical doctor/homeopath
- Massage therapist
- Kniesiology treatments and training
- Organic beauty therapist
- Colon hydrotherapy treatments and training.

We are an Integrative practice and co-operate with each other professionally and refer clients as appropriate.



COLON HYDROTHERAPY OVERSEAS

- Progressive and addressing the acceptance of the medical community.
- United and sharing information, lots of media coverage.
- Tyra Banks is for colonics when undertaken in a professional manner with a trained therapist in a clean clinic.



COLON HYDROTHERAPY OVERSEAS ASSOCIATIONS



- Modern and addressing the acceptance of the medical community

THE INSTITUTE OF PROFESSIONAL COLON HYDROTHERAPY



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- Who are these organisations?
- What do they do?
- Who may belong?



UK



RICTAT international register of integrative colon therapists and trainers.

“As colon hydrotherapists we believe that achieving and maintaining the optimal digestive function is inseparable from emotional and mental health.”

RICTAT believe in an integrative approach to digestive health, colon hydrotherapy is integrated with other healing modalities through a referral network of experienced practitioners.

- They use the safest equipment and disposables or hospital quality autoclaves in their treatments and actively maintain high standards of hygiene and safety.
- They focus predominantly on health promotion and disease prevention in their practice.
- Members contribute at least 30 hours per each subscription year to upgrading professional qualifications.
- Members must be properly insured.
- Members may not use non-disposable specula and tubing and sterilizing solutions for cleaning them. This is not safe for the clients or therapist. They promote the use of disposable client equipment, or of a hospital-quality autoclave systems.



UK ASSOCIATION AND REGISTER OF COLON THERAPISTS

Open to UK therapists and associate membership is open to practicing certificated overseas colon hydrotherapists not wishing to practise in the UK and who wish to network and receive mailings.

- They do not accept into membership students taught on self-administered open systems (e.g. Libbe, jimmy-john), since these are not therapeutic to the same level as therapist administered colonic hydrotherapy and they have safety concerns over these systems.

UK COLON HYDROTHERAPY ASSOCIATIONS MEET TOGETHER FOR THE FIRST TIME



From L to R: Ian McDougall (meeting organizer); Glenn Taylor (GPACT); Anna-Lise Miller (IPCH); Roger Groos (ARCH); Richard Armstrong (I-ACT) and Galina Imrie (RICTAT)

A bit of history: during last year's **RICTAT Conference** Ian McDougall who represented Practitioner Supplies volunteered to organize a meeting between all six colon hydrotherapy associations in the UK.

This meeting took place on 17 March with five Associations present. We discussed:

- treatment safety and hygiene requirements including the growing pressure to use disposables only. Of the five associations present, four have already implemented "disposables only" policy.
- training requirements and developing a common "fit to practice" document that all schools will need to comply with.
- the future of our profession and the need to support legitimate trained colon hydrotherapy professionals to ensure the best service to the public.
- the new advertising guidelines and the best ways of ensuring our compliance with them.

It was a very productive first step towards achieving unity of all colon hydrotherapy associations in raising training and treatment standards and stepping up safety and hygiene of colon hydrotherapy practices in the UK. We have agreed to meet up quarterly. So watch this space!

U.S.A

- Both are international associations
- I-ACT has been around for OVER 25 years
- GPACT new about 2 years



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I -ACT

- Based in the USA but has recognition and members from all over the globe. No training available except in south Africa closest is UK . I-ACT has four levels of certification. The initial level is the foundation level. The second level is the intermediate level, the highest level of certification is the advanced level.
- If you would like to train others in the field of colon hydrotherapy, then you must be certified by I-ACT at the instructor level. Trainers have to be certified in the USA and must attend an annual conference in the USA to maintain their training qualification.



GPACT

- Closed system professional equipment only
- Members may only use disposables and no chemical or autoclave sterilisation
- Truly international association has international schools where one can qualify and take exams



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WHAT DO THESE ORGANISATIONS OFFER?



- Shared information
- Support
- Regional conferences
- Annual conferences
- Insurance at better rates
- Certification
- Advertising

RAISING THE PROFILE OF COLON HYDROTHERAPY FOR THE BENEFIT OF ALL



- Spreading the word
- Educating
- Raising media awareness of our profession
- Self regulating
- Getting involved in legislative process

PROFESSIONAL EQUIPMENT IS MOSTLY
USED IN THE **USA** AS EQUIPMENT MUST
BE **FDA** CERTIFIED



OVERSEAS CLINICS



- In the USA most clinics have a modern and professional set up. With professional equipment as only FDA certified equipment is allowed to be used.
- No carpets or rugs are allowed

HYGIENIC AND PROFESSIONAL

- Bathroom is en suite
- Professional certificates are displayed
- Informative and relevant posters are on the walls



CLINICS IN UK

- There is a growing trend to upgrade to the modern hygienic clinics with a client friendly approach, with most new therapists buying certified equipment.



HYGIENE AND CLIENT SAFETY

- This type of equipment has safety features eg should the pressure in the colon exceed the safe level of 2psi water is then diverted automatically into the waste, there are valves preventing back flow, temperature is controlled and water is filtered and sometimes sterilised with a UV light.



DISPOSABLES AND CLIENT SAFETY

- The safest solution for modern colon hydrotherapy.
- Prevention of cross contamination and less risk of exposure to HIV AIDS HEPATITUS and other infectious diseases.
- Less exposure of the client and therapist to harmful toxic sterilisation solutions.
- In the interests of public safety most Associations now only allow use of all disposable kits.



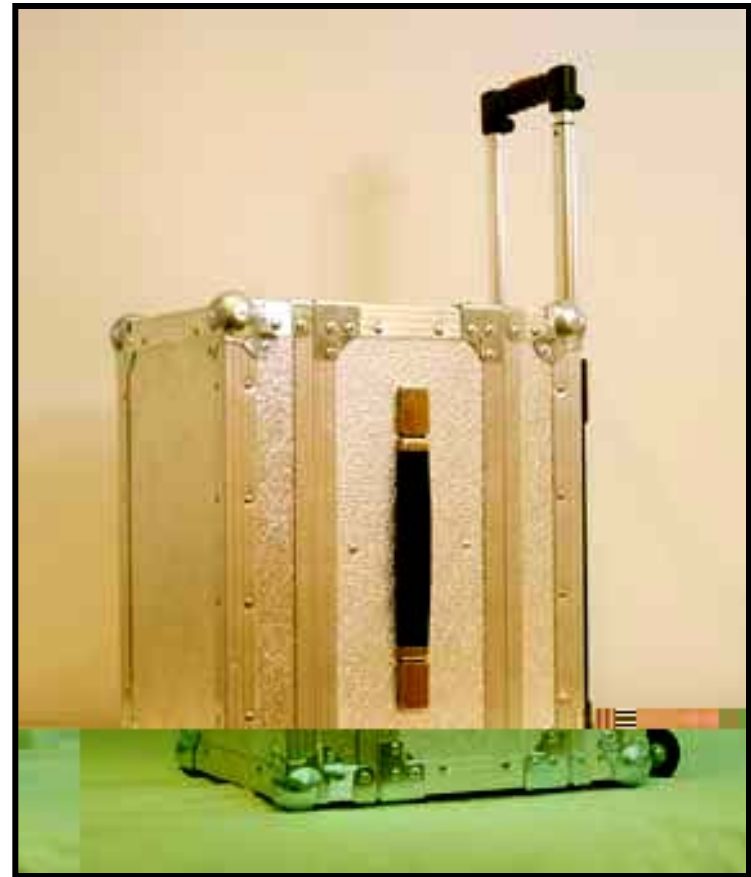
MOVEABLE STAND

- Unit on a moveable stand that can be moved from room to room within the building; each room must have the required water and waste connections.



UK AND USA MOBILE THERAPISTS

- There is a trend particularly in the UK where a therapist owns her own portable equipment and then moves from location to location on different days of the week.



Aqua-Clinic



- Mobile or Desk Top
- Easy to operate
- Very hygienic
- Comfortable for client
- Safe
- Affordable

OPEN SYSTEM

- This is an example of a neat open system
- Note the monitor on when it is difficult for the client to see or there is no viewing tube



OUTDATED

- This is an example of gravity equipment that is considered a “colonic clunker” and outdated by groups such as RICTAT and I-ACT not allowed at all by GPECT



A HAPPY THERAPIST!

- And a happy client is in this fresh clinic!



COLEMA BOARD

- Not recognised as a colonic. Not allowed by I-ACT, GPACT or RICTAT or ARCH.
- A Colema board is meant as a personal item and when used for treating others for a fee very strict rules will apply.





COLON THERAPY IN SOUTH AFRICA



- Known as colon therapy , colon hydrotherapy or Colonic irrigation.
- Till now an isolated profession without support or unity.
- Therapists either trained overseas or learned from another therapist.
- Some high end clinics are around but many informal set ups with therapists working from a non- professional environment.
- A variety of equipment is being utilised from very tacky home made units to the most modern professional equipment available
- Many use disposable speculums, many re-use disposable speculums. Although one use only speculums , water lines and waste hoses are used by some therapists, many are still using chemicals to clean and re use.
- Coloma boards are advertised as colonics, you will not find this elsewhere. Rectal tips are often re used.

LETS UPGRADE OUR IMAGE

- HAHA
- But not so funny if you are the client and actually meet the hose pipe when you arrive for your colonic!

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SOUTH AFRICA UNIQUE CHALLENGES

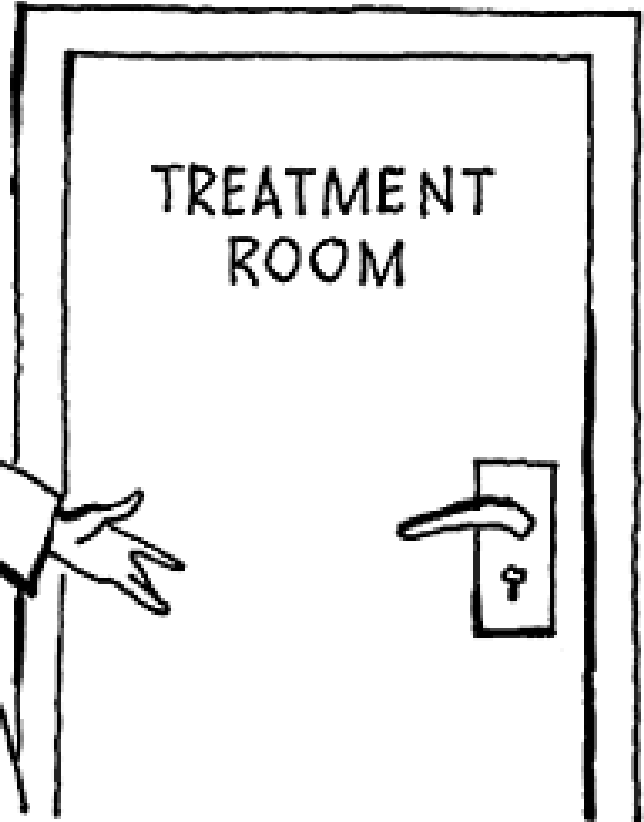


- Such as water and electricity supply in some areas
- Finances ... a good colon therapist should be able to set up an hygienic and safe system for a relatively small sum
- We need to be inclusive colonics is for everyone not just the rich
- So we need to include Colema board and home made systems
- In making this concession we must insist on high standards across the board. None of us want to be affiliated to less than excellent standards

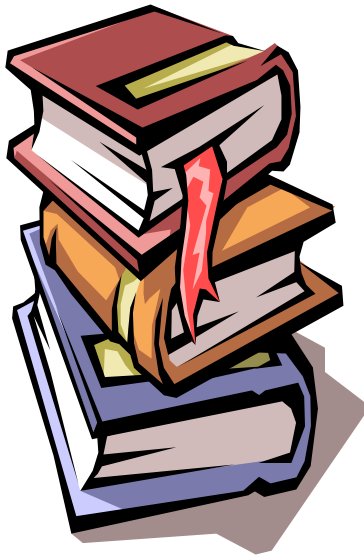
COLON THERAPY AND YOU.....

WELLBEING NOW

BE GENTLE WITH ME
- IT'S MY FIRST TIME



HOW DO WE ACHIEVE HIGH STANDARDS ACROSS THE BOARD



- Education is the key
- All colon therapists regardless of the type of equipment they use should have a minimum standard of training
- New therapists and those who have practiced for a short while (i.e. less than two years) should be trained and write an exam
- Therapists who are not medically trained and who are not certified with a a recognised school should write the exam.

WHY IS THIS NECESSARY



- Colonics can be dangerous when a client is treated who has contraindications. A therapist needs to know what to look for.
- Standards of client care and hygiene are of paramount importance.
- Let us join together and agree on a minimum acceptable level of education , equipment, water quality and client care.

COLEMA BOARD

- Clients dignity to be respected.
- One use only rectal tip to be used and properly disposed of.
- Clean towels to be used for each client .
- Proper sterilisation of colema board to be done after every treatment.
- Water to be filtered.



COLOMA BOARD

- Neat and clean
- Nice hygienic water tank
- Wash basin and shower available



HOME MADE GRAVITY UNIT

- This gravity unit although very basic looks neat and has a water filter and temperature control





TO CONCLUDE



- These are exciting times for our healing profession.
- There is much media coverage with colonics being featured on TV in talk shows, reality shows and even mentioned in sitcoms with many celebrities claiming the benefits of colonics.
- We are unlegislated and unregulated, we need to self regulate as therapists in other countries have done,so that when legislation comes in we are not left to the mercy of those who do not understand our work.

FINALLY...

- Let us hold to standards of Excellence.
- Let us move forward in standards with the rest of the world.
- Let us embrace our similarities and respect our differences.
- Let us be proud of our natural health profession and all it stands for.



