



The Kamala Centre  
Club de Tennis  
Pta Gargasindi, No 1-J  
Avda. Casanova, 1  
03710, Calpe  
Alicante  
Spain

## CASE HISTORY FOR MARSHMALLOW

I have a client who came to me - she had a mastectomy 5 years ago and had further lumps removed 3 years ago. Her doctor has insisted that she continue to take cancer drugs. She came to me a month after stopping the drugs because she said she was ready to take control of her body again.

She was having problems with her bowel habits: she was *very constipated* and struggled to go even twice a week at times, she had resorted to laxatives on a regular basis (around 4 a week)

She booked a course of 6 colonics with me and I agreed that we would look at it as a detox to try and rid the body of all residue of drugs she had been taking over the years.



On each colonic (which she took one a week for 6 weeks) I used implants. The first week we used *Marigold* as it helps with detoxification. On the second week I used *Aloes* and on the third week we had a joke because I said I was going to use *Marshmallow*.



The Marshmallow had an almost instant effect on her bowel. Within 10 minutes of adding it to the treatment we were starting to get peristaltic pulses, something that had not been present in previous treatments. She had an amazing release and we agreed that we would use the Marshmallow again on her next treatment. When she came back the next week for her treatment she was very happy - she told me she had been to the toilet 5 times that week and had good releases each time.

By her fifth colonic we were seeing strong peristalsis to the point I had to ensure I held onto the tube as it was almost bouncing on the table.

*She now has a daily bowel movement and is very happy - and she did say she can never look at marshmallows again in the same light!*

**CAROL WEST, RICTAT MEMBER, COLON THERAPIST AND AQUA-CLINIC TRAINER**

Telephone clinic            96 587 5869  
email [office@thekamalacentre.com](mailto:office@thekamalacentre.com)